

21 DAYS OF
PRAYER

ONE CHURCH // AUGUST 2021

21 DAYS OF PRAYER

This study is designed to help you deepen your prayer life. Inside this book you will find 21 prayer focuses that we will be praying as a church over the next 21 days, with additional resources at the back of the book to continue in your prayer journey even after we conclude 21 Days of Prayer.



Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed. - Mark 1:35

Prayer is most effective when it becomes a lifestyle, rather than an occasion. The life of Jesus is the best example to model a lifestyle of prayer.

1. HAVE A CERTAIN TIME

Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God and faithfully keep it – whether it's first thing in the morning, at lunch, or in the evening.

What specific time will you set aside for prayer?

2. HAVE A CERTAIN PLACE

Jesus had a specific place He went to pray. Having a designated place to pray helps remove distractions and brings freedom to worship.

Where is the place that you will pray?

3. HAVE A CERTAIN PLAN

When Jesus taught His disciples how to pray, He gave them a prayer outline. We call it "The Lord's Prayer." This outline, along with several other tools, is available in this guide. As we spend time with God every day, our plans for our prayer time may vary. Some days may include listening to worship music, reading your bible, or quiet time devoted to hearing God. Not every day has to look the same, but it is helpful to have a plan for connecting regularly with God. One of the things I encourage people to do is remembered easily by the phrase "5-5-5." Take five minutes to pray, five minutes to worship, and spend five minutes reading your Bible.

What does your plan for time with God look like?

DAY 1

The Lord's Prayer

We often hear The Lord's Prayer recited in churches or at religious events, however, there is so much more to this prayer than passive memorization.

Jesus provided this model as an outline to teach us how to pray in a way that connects us to God, aligns our priorities with His, and encourages us to live dependently on Him. This guide will take us through each part of The Lord's Prayer, and show us how to pray the way Jesus instructed.

One day Jesus was praying in a certain place. When He finished, one of His disciples said to Him, "Lord, teach us to pray..."
- LUKE 11:1 NIV

"Our Father in Heaven, hallowed be Your Name. Your Kingdom come. Your will be done on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the Kingdom and the power and the glory forever. Amen."
- MATTHEW 6:9-13 NKJV

Over the next 7 days let's take a look at how we can pray through the Lord's prayer effectively.

DAY 2

The Lord's Prayer

Connect with God Relationally

"OUR FATHER IN HEAVEN"

God isn't interested in us practicing religion; instead, He desires a relationship with us. God has adopted us as His children, and He loves for us to call Him our Father. Starting our prayer time acknowledging our relationship with God is powerful for us, and it delights Him as well.

You have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when He adopted you as His own children. Now we call Him, "Abba, Father."

- ROMANS 8:15 NLT

Proclaim your intimate relationship with God, address Him lovingly as your Father, and thank Him that you are His child.

PRAYER:

"Father, I come to You in prayer today thankful that I am Your child. I know I am a sinner, but You have forgiven me and adopted me as Your own, and I am so grateful to call you my Father. Thank you for loving me. I love you."



DAY 3

The Lord's Prayer

Worship His Name

"HALLOWED BE YOUR NAME"

God loves when we worship Him, and there is power in His Name. Below you will find a list of some of His Names to help you worship Him specifically and personally:

God is Righteousness
– He makes us clean
God is Sanctifier – He has called us and set us apart
God is Healer – He heals all our sicknesses
God is Banner of Victory – He defeated our enemies
God is Shepherd – He speaks to us and leads us
God is Peace – He is our peace in every storm
God is Provider – He supplies all of our needs.

The name of the Lord is a strong tower; the righteous man runs into it and is safe.

- PROVERBS 18:10 ESV

Speak God's Names out loud. When we proclaim who He is, we not only worship Him, but we also remind ourselves how powerful and great our God is.

PRAYER:

"God, I am in awe of You. Your Name is a strong tower, a place of protection and safety for me. I praise You as my Healer, my Shepherd, and my Banner of Victory. You are my Peace, my Provider, my Righteousness, and my Sanctifier. Your Name is great, and I worship You."

DAY 4

The Lord's Prayer

Pray His Agenda First

"YOUR KINGDOM COME, YOUR WILL BE DONE, ON EARTH AS IT IS IN HEAVEN."

Part of being a child of God is caring about what He cares about and loving who He loves. We know His will is perfect, and we acknowledge His wisdom and sovereignty when we pray His agenda first.

He will always give you all you need from day to day if you will make the Kingdom of God your primary concern.
- LUKE 12:31 TLB

Spend time focusing on what God is focused on. His priorities include:

· Saving the lost · Wisdom and guidance for those in authority—parental, spiritual, governmental, work-related · Caring for the poor and marginalized · Unity and love · Justice · Freedom for those in bondage · Accomplishing His purpose in our lives

PRAYER:

"God, I recognize there is no better plan on earth than Yours.

I pray for Your will to be done in my life, (name the areas of your life where you need more of God's presence today) and in our world. This world is lost and needs you desperately. I pray for every person to know you as their personal Lord and Savior. I pray for the leaders in my life (pray specifically over parents, spiritual leaders, governmental leaders, employers, and any other leaders in your life), that You would show them Your will, and give them supernatural wisdom and discernment as they lead. God, I pray that Your heart for justice and unity would be seen in our world, that those who are in bondage will be set free, that the needs of the poor and marginalized will be met. Show me what my role is in seeing the realities of heaven come to earth. Make your priorities my priorities. Help me love who you love and see value in all people. I give my life to you again today. Have your way in me. Please give me wisdom and clarity as You show me my next steps."

DAY 5

The Lord's Prayer

Forgive and be Forgiven

"FORGIVE US OUR DEBTS, AS WE FORGIVE OUR DEBTORS"

God has offered us complete forgiveness. His forgiveness is available to receive at any time. When we turn away from our sins and receive His forgiveness our hearts are more prepared to forgive others as well.

If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.
- 1 JOHN 1:9

Ask God to check your heart and show you areas where you might need to ask for forgiveness from Him. After you receive forgiveness, it's your turn to forgive those who have offended you. We can even choose to forgive people in advance. Ask God to forgive you and to help you forgive others.

PRAYER:

"God, thank You so much for offering me the gift of forgiveness. Show me any areas in my life that I need to bring before You in order to receive forgiveness and healing. I confess that I have been struggling with sin (talk to God about any areas of sin in your life), and I know that You want me to be clean again. Please forgive me for my sin. Thank You for showing me unfailing grace. As You have so freely forgiven me, I also want to freely forgive others. Help me let go of the things that have offended me, and help me to acknowledge when I have offended others. I release to You those who have hurt me, and I trust You to handle those situations according to Your perfect will."

DAY 6

The Lord's Prayer

Engage in Spiritual Warfare

"AND DO NOT LEAD US INTO TEMPTATION, BUT DELIVER US FROM THE EVIL ONE."

Spiritual warfare can seem difficult to understand, but the Bible makes it very clear that we have an enemy who is trying to steal, kill, and destroy.

As we pray, we take our stand against the enemy and fight from a place of victory through Jesus as we're empowered by His Holy Spirit. There is power in God's Word, and every lie the enemy has told us can be replaced with God's truth.

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world, and against the spiritual forces of evil in the heavenly realms.
- EPHESIANS 6:12

When you recognize that the enemy wants to destroy you, you can shed light on his lies and claim God's truth over your life. Ask God to show you any lies you're believing or areas of warfare happening in your life. Ask Him to expose the enemy, and to help

you understand and receive his truth. Simply speaking, the Name of Jesus has great power in the spiritual realm. The Bible tells us in James 4:7 that if we resist the devil, he will flee from us. Through prayer we can resist him and walk forward in freedom.

PRAYER:

"God, I recognize that my struggles today aren't against the people or circumstances around me, but against the enemy. Please help me to see how the enemy is lying to me. Help me to recognize his lies, take them captive, and make all of my thoughts obedient to the truth of your Word (list out any specific areas God shows you where you have believed a lie that needs to be replaced with His truth). While the enemy wants to destroy me, I know that You came to give me life to the fullest. I speak the name of Jesus over my life and declare that no weapon formed against me will prosper. I don't have to fear the enemy because the One who is in me is greater than the one who is in the world."

DAY 7

The Lord's Prayer

Express Faith in God's Ability

"FOR YOURS IS THE KINGDOM AND THE POWER AND THE GLORY FOREVER."

God is more than able to move in every situation. Ending our prayer time claiming His authority and power focuses our minds on the truth and hope of who He is and what He can do.

Ah, Sovereign LORD, you have made the heavens and the earth by Your great power and outstretched arm. Nothing is too hard for You.
- JEREMIAH 32:17

Remind yourself of God's limitless power, then return to praising Him and declaring your faith in Him:

"Yours is the Kingdom" – all authority belongs to You
"Yours is the Power" – all mightiness flows from You
"Yours is the Glory" – Your victory will be complete

PRAYER:

"Father God, nothing is too hard for You! Through Your great power, all things are possible. All authority is Yours, all might is Yours, and I know that Your victory will be complete. You are amazing, and I worship You. I praise You for Your power and presence in my life. You are my God, and You are worthy of all praise."



DAY 8

The Tabernacle Prayer Praise & Thanksgiving

The first part of the tabernacle was the outer courts. The outer court was all about giving God thanksgiving and praise.

In the Old Testament, the Tabernacle was the dwelling place of God. The Tabernacle was where God would meet His people, and it was built with His detailed specifications. As they entered the Tabernacle, they passed through seven different areas to experience God's presence. Even though we no longer need the physical Tabernacle to meet with God, these same steps can help us connect with Him. This prayer model will take us through each portion of the Tabernacle and use each of their purposes to help guide our prayers. Let's walk through each one to discover what it means for us, and how we can use it to grow our personal prayer life over the next 7 days.

The Israelites entered the Tabernacle with thanksgiving and praise, and we should start our prayer time the same way.

Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.
- PSALM 100:4

Spend some time thinking about all that God has blessed you with, and give him thanks for all He's done. You can write them down in a list, sing your own song of praise, or just spend a few quiet moments reflecting on your life with gratitude and praise toward God.

PRAYER:

"Father God, you are good, and you deserve all my praise. Thank you for the many ways you have blessed me. Thank you for watching over me. (Tell Him specific things in your life that you're grateful for. Thank Him for something new that you've never thanked Him for.) I want to experience your presence and Your love in a fresh way today Jesus. I thank you that your mercies are new every day. I thank you for who you are and all you have done for me."

DAY 9

The Tabernacle Prayer

The Cross of Jesus

The second part of the Tabernacle was the Brazen Altar. The Brazen Altar represented the cross of Jesus.

In the Old Testament, everyone had to regularly bring animal sacrifices as payment for their sins. Today, we don't have to do that because Jesus paid for our sins once and for all with His blood on the cross.

Praise the LORD, my soul, and forget not all His benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's.
- PSALM 103:2-5

Thank God for the gift of His son Jesus. Thank Jesus for His sacrifice and love. Let the power of the cross and what it means for your life really settle in your spirit. In addition to expressing your gratitude, claim the power of transformation and healing that the cross of Jesus has in your life.

The cross provides us with five major benefits:

Salvation: God forgives all my sins

Healing: God heals all my diseases

Redemption: God rescues me and restores me

Transformation: God changes me into His likeness

Blessing: God provides everything I need

PRAYER:

"Thank You God for making a way for me through your Son. Jesus, thank you for the sacrifice you made for me on the cross. You saved me, and you set me free. I praise you for being my Healer. You have power over all illness, disease, and harm in my life. (List specific areas where you need to experience God's healing power.) Thank you for being my Redeemer. You rescue me and give my life purpose. Thank you for transforming my life with your love and constantly renewing me. I want to be more like you every day. (Take time to give Him access to every area of your life.) Thank you for blessing me. I know you have good plans for me, and all that I have comes from you."

DAY 10

The Tabernacle Prayer

Cleanse Me & Prepare Me

The third part of the Tabernacle was the Laver. The Laver represented a time of cleansing and preparing.

The Laver was a bowl of water where people were reminded of their sin nature and their need to be cleansed and forgiven by God. It's important for us to do the same in our lives by daily checking our hearts, our motives, and surrendering our lives to God.

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.
- ROMANS 12:1 ESV

We can come to Jesus boldly and confess our sins to Him because of what He did for us on the cross. Jesus freely gives forgiveness and grace, it's our job to receive it without allowing shame to steal it away from us. In prayer, humbly and sincerely turn away from your sins and allow God to cleanse and renew you. Then, surrender your life to Him.

PRAYER:

"God, I confess my sins to you, and

I turn away from any impurity completely. (Tell God any sin you know is in your life and confess it to Him with a sincere heart. Ask Him to show you any other areas that need His cleansing.) Thank You God for freely forgiving me. As I turn away from my sin, I turn toward You, and offer myself completely to You:

- *I give you my tongue to speak good and not evil*
- *I give you my eyes to focus on you and the needs of others*
- *I give you my ears to be sensitive to Your voice*
- *I give you my hands to do good for others*
- *I give you my feet to walk in Your ways and follow in your footsteps*
- *I give you my mind to be transformed and used by you*
- *I ask you, Lord, for the fruit of the Spirit found in Galatians 5:22-23, so that I can grow closer to you and make a difference in the lives of others. I ask for love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self control."*

DAY 11

The Tabernacle Prayer

The Holy Spirit

The fourth part of the tabernacle was the candlestick. The candlestick represented the Holy Spirit.

The seven-branched, golden candlestick was made from beaten gold. The oil was made from beaten olives. The olive was beaten, not just crushed, in order that the lamps might have oil and give forth light. The fire represents the Holy Spirit and how we are called to be light in the midst of darkness.

The Spirit of the LORD will rest on him—the Spirit of wisdom and of understanding, the Spirit of counsel and of might, the Spirit of the knowledge and fear of the LORD.
- ISAIAH 11:2

When Jesus left the earth, Christians were given the gift of the Holy Spirit. He calls the Holy Spirit our “advocate.” We cannot

do what God has called us to do without His supernatural power. It is through the Holy Spirit that God comforts us, guides us, and empowers us.

PRAYER:

“Holy Spirit, I ask You to fill me up. I need Your presence in my life to guide, direct, comfort, and counsel me. I know that You, Holy Spirit, are fully God as part of Trinity (Father, Son, and Holy Spirit.) You are the Spirit of Wisdom, Understanding, Counsel, Might, and Knowledge. Give me a holy fear of the Lord. Help me to be in awe of who you are and what you do. Work in me, Holy Spirit. Teach me and transform me. (Pray through any areas where you feel the need for transformation today.) Holy Spirit, empower me with your spiritual gifts to strengthen the Church to help bring the reality of the Kingdom of Heaven to earth.”

DAY 12

The Tabernacle Prayer

The Word of God

The fifth part of the Tabernacle was the table of shewbread. The table of shewbread represents the Word of God.

The table of shewbread, containing twelve loaves, represented the importance of reading God's Word for daily sustenance.

Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.
- JOSHUA 1:8

God's Word is an incredible gift and a powerful tool to use in our prayer lives. Here are a few ways you can incorporate God's Word into your prayer time:

- *Take time to read and think about the Word*
- *Claim God's many great promises for your life*
- *Ask Him for fresh revelation of His Word*

- *Ask Him for a word to help you as you go throughout your day*
- *Ask Him to show you how to apply His Word in the world around you*

PRAYER:

"Thank You God for giving me your Word. I commit to reading it, and I ask you to reveal yourself to me through it. I want to know you more. Help me to grow more in love with Your Word. Help me to grow more and more dependent on it. I claim the promises you have for me, and I meditate on the truth of Your Word. (Spend time declaring scriptures that are on your heart or that God has given you in your current season.) Give me fresh revelation from your Word today and every day! Help me apply it so I can be an ambassador for your love, justice, and righteousness in the world."

DAY 13

The Tabernacle Prayer

Worship

The sixth part of the Tabernacle was the altar of incense. The altar of incense was all about worship.

A small altar of burning incense stood at the entrance of the Holy of Holies where God's presence dwelled. The people of God entered God's presence as they worshipped His name. This altar represents worship and the pleasing aroma it gives God when we worship Him.

The name of the LORD is a strong tower; the righteous run to it and are safe.
- PROVERBS 18:10 NKJV

Thank God for making His presence available to you. Praise His name and worship Him personally and specifically for Who He is and how He has moved in your life.

PRAYER:

"Thank You God for your presence. I know you are here with me. I worship you and you alone. I know God, that You are:

My Righteousness (Jeremiah 23:6)

My Sanctifier (Leviticus 20:7-8)

My Healer (Exodus 15:26)

My Provider (Genesis 22:14)

My Banner of Victory (Exodus 17:15)

My Peace (Judges 6:24)

My Shepherd (Psalm 23:1)

(As you pray through the different names of God, focus on a few aspects of who He is that have been especially meaningful in your current season of life.) I know that you are always with me, God. Your presence is life to me. You give me breath, joy, and purpose. I love you, God."

DAY 14

The Tabernacle Prayer

Intercession

The seventh and final part of the tabernacle was the ark of the covenant. The ark of the covenant represented intercession on behalf of God's people.

The ark of the covenant was located within the Holy of Holies, where God's presence dwelled. It was in the Holy of Holies that the priest would intercede for God's people by praying on their behalf. In the same way, we intercede on behalf of those around us.

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people – for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth.
- 1 TIMOTHY 2:1-4

We can make a difference when we spend time praying for others. Pray for those with whom you interact and connect with, including:

- Those in authority: leaders in church, government, family, and workplace
- Those who are marginalized: those suffering injustice, the poor, the widowed, the weak
- Your family: both immediate and extended family members
- Your church: pastors, community group leaders, members, and missionaries
- Your community: people in your city, nation, and world
- Your relationships: friends, co-workers, acquaintances
- Your adversaries: those with whom you disagree

PRAYER:

"Thank You, God, for creating a way through Jesus for me to have Your presence wherever I go. I want to specifically ask You to watch over those in authority over me— my spiritual leaders, the leaders of our government, the leaders in my family, and my employers (pray for these people by name). Give them wisdom and grace, watch over and protect them, and help them

PRAYER continued...

to know and love You more. I also ask You to watch over those who are marginalized in my nation and in my community. Our world is desperate for justice and reconciliation. Please meet the needs of the poor, the widowed, the weak, and those suffering injustice (pray specifically for people you know who need help, advocacy, and intervention). Show me how I can be your hands and feet to those who are hurting. I ask You, God, to be present with my family. Bless them and keep them from harm (pray for any specific needs in your family right now). For those in my family who don't know You, please meet them where they are and guide their hearts toward You. I lay my cares at Your feet. Thank You for loving me, choosing me, and calling me Yours. Amen."



DAY 15

The Prayer of Jabez

Blessing

“Oh, that You would bless me...”

Over the next four days we will spend time praying through “The Prayer of Jabez.” The first thing Jabez prayed for was God’s blessing.

Jabez cried out to the God of Israel, “Oh, that You would bless me and enlarge my territory! Let Your hand be with me, and keep me from harm so that I will be free from pain.” And God granted his request.
- 1 CHRONICLES 4:10 NIV

We need God’s blessing in order to make a difference for His Kingdom. We need more provision, more spiritual gifting, more wisdom, and greater understanding so that we can bless others with what God has given us. James 4:3 tells us, “You do not have because you do not ask God. When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.” God wants to bless us, but He is often waiting for us to ask with the right heart. We have a big God, and we can be bold in asking for His blessing. As James points out, God sees our heart, and we get His attention

when we ask for blessing with the motivation to help others.

Ask God for His blessing. Recognize your need for His provision, and set your heart toward believing for more than you need so that you can be a blessing to others.

PRAYER:

“Father God, I pray that You bless me with more than I need so that I can bless others. I pray for more provision. I ask that You equip me to give generously to others, and meet their practical needs in Your Name. I ask You to give me greater spiritual gifting so that I can strengthen the Church and be more effective for the Kingdom of God. I pray for an abundance of wisdom and discernment so that I am able to make decisions that honor you and point others to You. I ask You to help grow my understanding of Your truth and Your heart for people so I can do my part to bring Your Kingdom to earth. Help me keep Your generous blessings in perspective so that I never become self-serving but stay focused on using what You’ve given me to serve other people.”

DAY 16

The Prayer of Jabez

Influence

“Enlarge my territory...”

Jabez cried out to the God of Israel, “Oh, that You would bless me and enlarge my territory! Let Your hand be with me, and keep me from harm so that I will be free from pain.”

And God granted his request.

- 1 CHRONICLES 4:10

Jabez’s second request was for more influence. As God’s blessings increase in our lives, we experience greater opportunity to influence the world around us for Him.

God has the power to bless us greatly, and He also has the power to open doors of opportunity for us to make a difference. We want to walk through doors that only He can open. God responds when we specifically ask Him to give us more influence for His Name.

Pray for more influence. Trust God to open doors and lead you on the best path for your life. Know that He can make a way where there is no way. Ask Him for boldness to take every step He lays out for you.

PRAYER:

“God, make me effective in my sphere of influence, and open new doors for me to be able to impact and reach even more people for Your glory. Give me a heart to make a difference in the lives of people I have yet to meet, and boldness to walk in obedience to Your calling. Help me to be a good steward of the responsibility You’ve entrusted to me. I pray for greater territory to make an impact for Your glory.”

DAY 17

The Prayer of Jabez

Presence

“Let Your hand be with me...”

Jabez cried out to the God of Israel, “Oh, that You would bless me and enlarge my territory!

Let Your hand be with me, and keep me from harm so that I will be free from pain.”

And God granted his request.

- 1 CHRONICLES 4:10

We need God’s presence in our lives in order to make a lasting impact in people’s lives. Through His power at work within us, God can do more than we could ever ask or imagine (Ephesians 3:20). As we ask for blessing and influence, we need to ask for His presence as Jabez did. This prayer reminds us that we are not operating out of our own strength, but through the presence and the hand of our Almighty God.

In humility, acknowledge your need for God’s presence. Depend on Him, and ask for more of Him in your life today.

PRAYER:

“Lord, I know that without You, I am nothing. I cannot do what You’ve called me to do on my own. I am desperate for Your presence in my life. I depend on You completely. I recognize that the same Spirit who raised Christ Jesus from the dead lives in me. Through the power of Your Spirit, I pray that You will help me succeed in the opportunities You’ve given me. Thank You for being with me. I would never want to face today without You.”

DAY 18

The Prayer of Jabez

Protection

"Keep me from harm..."

Jabez cried out to the God of Israel, "Oh, that You would bless me and enlarge my territory! Let Your hand be with me, and keep me from harm so that I will be free from pain." And God granted his request.
- 1 CHRONICLES 4:10

Finally, Jabez asks the Lord to protect him. If we are influencing the world for Jesus, we must understand the enemy will try to stop us. That reality leads us to not only pray for God to help us when the enemy attacks, but also keep us from being attacked in the first place. Jesus has already won the victory for us on the cross, so we don't need to fear destruction. God promises to be with us and protect us, and because He is with us we have nothing to fear.

Trust God to protect you. Tell Him specific areas where you feel the need for His protection and ask Him to cover areas that you can't yet see.

PRAYER:

"God, as I walk out the purpose You have for my life, I pray that You will stop any and every attack of the enemy against me. Please protect my body, my mind, and my emotions. Don't let the enemy get a foothold in my life. I pray, too, that You will protect my family and community from harm. I know that the One who is in me is greater than the one who is in the world, so I have nothing to fear. Thank You for watching over me. I love You and I trust You."

DAY 19

Praying Scripture

God My Source

As we approach the end of our 21 days of prayer together, let's pray through a few scriptures together. God's Word is powerful, and all of God's promises are for us today. The next two days we will look at scriptures and how we can make them personal prayers.

Let's begin with King David's Psalm 23. Take a moment to read the passage, and then use the prayer below as a way to use the Psalm to have a conversation with God.

The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, He leads me beside quiet waters, He refreshes my soul. He guides me along the right paths for His name's sake. Even though I walk through the darkest valley, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely Your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

- PSALM 23

PRAYER:

"God, You are my Provider, and I know You will take care of me. Thank You for guiding me to places of rest. You are my source of energy and passion. You keep me going and lead me toward a life of purpose and freedom. I know that even when I experience my darkest seasons of difficulty and challenge, I have nothing to be afraid of because You are with me. Your presence and power are a constant comfort to me. I know that You are preparing the way for me and that my enemies cannot touch me because You are taking care of me. I know that You have blessed me, and I thank You for choosing me and anointing me with purpose. Your blessings are so much more than I could ask for. I know that You are good, God, and that You are with me all the days of my life. You have chosen me, and I have chosen You, and that means I will be with You, in Your presence, forever."

DAY 20

Praying Scripture

Weariness

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

- MATTHEW 11:28-30 NIV

PRAYER:

"Lord Jesus, I am so tired and worn out. (Tell God the areas where you're tired and weary.) I feel exhausted mentally and physically. Life feels hard, and I feel like I can't keep up my current pace. You invite me to come to You when I am weary, and I fall at Your feet desperate for rest, peace, and perspective. Show me where I am trying to do things on my own. Show me where I need to rest instead of striving. Teach me Your ways. Show me how to walk in gentleness, humility, and rest. I know Your ways are higher than my ways, and I pray that You will transform my heart and mind to be more like You."



DAY 21

Praying Scripture

Protection

We often worry about our safety and security. When we feel this way, we can immediately come to God in prayer. As we pour out our heart to Him here on earth, we are simultaneously winning battles in the heavenlies by asking for and claiming protection for ourselves and our families in Jesus' Name.

But the Lord is faithful, and He will strengthen you and protect you from the evil one.

- 2 THESSALONIANS 3:3

Additional Verses on Protection:

- 2 Corinthians 10:3-5
- Deuteronomy 20:4
- Psalm 34:6
- Psalm 91:7

I encourage you to share your thoughts and concerns with God. Ask Him for His supernatural protection. He says He will command His angels to guard you in all your ways (Psalm 91:11). Claim this promise and lay everything down before Him. Trust in His good plans and His power to protect you and those you love.

PRAYER:

"God, I bow in worship to praise

You. Thank You for making a way for me through Your Son, Jesus. I surrender myself completely in every area of my life to You. I submit myself to the true and living God and refuse any involvement of the enemy in my life. I choose to be transformed by the renewing of my mind. I reject every thought that tries to compete against the knowledge of Christ. I pray and thank You for a sound mind, the mind of Christ.

Today and every day I ask for protection over my family and loved ones; all immediate family members, relatives, friends, acquaintances, and myself. I ask for protection during all of our travels. I ask You to watch over our financial security, possessions, health, and safety (be as specific here as you like). All that I have is Yours God, and I declare that satan cannot touch me or anything You have given me. I rebuke the enemy and tell him to bow to the blood of Jesus that covers me and my family. He will not take what You have given us and we are protected and provided for by You, God, and You alone."

I am so proud of you for going on this 21 day prayer journey. As we end this 21 day journey together, remember to continue to make prayer your habit.

In the back of this book, I have included some more prayers that you can use to pray for specific things in your life. They are designed to guide you as you pray.

PRAYER FOR THE LOST

Luke 15:11-24; Isaiah 52:1-2; 2 Corinthians 7:9

Praying for lost people in our life is something we should do often. When we pray we are fighting in the spiritual for the salvation of their soul. Just as the prodigal son came to himself and remembered the goodness of his father, we are declaring that this will happen for the people in our lives.

Awake, awake! Put on your strength, O Zion; Put on your beautiful garments, O Jerusalem, the holy city! For the uncircumcised and the unclean Shall no longer come to you. Shake yourself from the dust, arise; Sit down, O Jerusalem! Loose yourself from the bonds of your neck, O captive daughter of Zion!
- ISAIAH 52:1-2

In faith, ask God for their salvation. As you read the above scripture, name the person you are believing for. Ask God to awaken

them from their sleep and help them arise to the God-kind of life! God loves them more than you do. Rest in that revelation as you pray on their behalf.

PRAYER:

"God I thank you that you are surrounding them with people who will point them to You! Right now I bind any influence in their life that is keeping them from following You. I declare that they will come to find that nothing in this world will satisfy them like You! Cause them to remember the goodness of You, God. Use my words and influence in their lives to show them Your love and grace. I thank you that You are flooding their heart with the Light of Your truth. I believe and declare that they will come to know you. Lord, I thank You in advance for the salvation of their soul."

CONFESSION PRAYER

Romans 10:10; James 5:16; 1 John 1:7-9, 3:8

Our sin separates us from God, but Jesus made a way for us to be reunited with God by covering our sin when He died on the cross. When we accept the gift of salvation, we confess our sin. As Christians, confessing and repenting of sin is something we continue to do. By coming clean and repenting before God, He is able to work in our lives and transform us to be more like Him.

If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.
- 1 JOHN 1:9

Assume a posture of humility, and without fear of condemnation or punishment, come sincerely to God confessing your sin on a regular basis. Whether your sin feels big or small to you, your sin is still sin and affects your relationship with God. You get His attention when you tell Him your sin and turn from that sin to follow

Him. After you confess, remind yourself and claim the power of the blood of Jesus in your life to wash you clean and make you new.

PRAYER:

"Lord Jesus, I confess all of my sins to You. I repent and turn away from them. I'm sorry for the wrong I have done. I confess the times I should have stepped up to do right and did nothing instead. I lay it all down at Your feet. I submit my thoughts, words, actions, and inactions to You. Thank You, God, for forgiving and making a way for me through Your Son, Jesus. Lord Jesus, I believe that You are the Son of God. You died on the cross for my sins and rose to life again on the third day. I confess all my sins and repent. I receive Your forgiveness and ask You to cleanse me from all sin. Thank You for redeeming me, setting me free, making me holy, and giving my life purpose."

FORGIVENESS PRAYER

Matthew 6:14-15; Leviticus 19:18

Forgiveness can feel challenging, but God makes it clear in the Bible that He freely forgives us, and we are expected to do the same for others.

For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins.
- MATTHEW 6:14-15

Come before the Lord with humility, honesty, and sincerity. Share the areas in your life where you need to forgive others. Even if you aren't able to settle a situation with that person, you can settle it with the Lord, letting them off

the hook by forgiving them. As you choose to forgive those who have hurt or offended you, you can also praise and thank God for forgiving you when you didn't deserve it.

PRAYER:

"Lord, I have a confession to make. I have harbored bitterness in my heart. I haven't loved others well. I have resented certain people and have not forgiven them in my heart. God, I know that You have forgiven me for so much, and I need Your help to follow You and forgive others. In faith, I now forgive (name them). I also forgive and accept myself because You have made me new in the Name of Jesus."

PRIDE PRAYER

Proverbs 11:2, 16:18, 26:12; 1 Timothy 3:6

The Bible tells us that pride comes before the fall. Pride can be a very real issue in our lives, but we have the power to overcome it through Jesus.

When pride comes, then comes disgrace, but with humility comes wisdom.
- PROVERBS 11:2

Practicing humility requires overcoming pride in our lives. Just as you confess other sins, regularly confess your pride to God. Submit it to Him, asking Him to help you walk in humility, free of pride, closed-mindedness, and self-absorption. If you feel like pride is an issue that continues to surface in your life, confess it daily and bring it before God.

PRAYER:

"Father God, I come to You in the Name of Jesus. I know pride only keeps me from You. I put down anything that would cause me to have pride in my heart in dealing with other people. Help me recognize where I lack knowledge and understanding. Help me to prioritize others over myself. I ask You, God, to remind me daily that true humility is not thinking less of myself, it's thinking of myself less. I humble myself before You and come to You like a child."

**Note: One of the best ways to humble ourselves is to combine prayer with fasting.*

GENERATIONAL CURSES PRAYER

Exodus 20:4-6, 34:7; Numbers 14:18; 2 Corinthians 5:17; Romans 8:1, 12:1

Generational curses are sins that can be passed down from generation to generation. Whether it's pride, addiction, racism, sexism, abuse, divorce, abandonment, sexual sin, or something else. Through spiritual warfare, you can claim the power of Jesus to stop the sin with your generation.

You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below. You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me, but showing love to a thousand generations of those who love me and keep my commandments.
- EXODUS 20:4-6

Recognize the generational curse that might be in your life and bring it before God. Ask for His power to defeat the sin that has affected

generations of your family. Ask for the curse to stop right now, with you, and rebuke any sin or anything that tries to pull you away from your relationship with Christ. Pray for protection, healing, and a new path for you and your family.

PRAYER:

"Father God, I understand that I have inherited certain consequences from my family. In the Name of the Lord Jesus Christ, I proclaim Your power to break any hold of mental or physical illness, pride, addiction, racism, other ungodly perspectives, and anything else on me and my family that are a result of sin being passed down through parents, grandparents, or other family members (if specifics come to mind, talk to God about it). I proclaim that all generational sin ends here and now, and that I will not pass these on to anyone in my family. Thank You, Lord, for setting me free and making a new way for me and my family."

HEALING PRAYER

1 Peter 2:24; Psalm 103:2-5; Luke 1:37

Our God is a God of miracles. Just as we read about in the Bible, we still see Him perform miraculous healing today. He is our healer, and we can confidently approach Him asking for healing for ourselves or someone we know.

Praise the LORD, my soul, and forget not all his benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's.
- PSALM 103:2-5

In faith, ask God for healing. Proclaim His power and goodness, believing and trusting Him to take care of you and those you're praying to be healed.

PRAYER:

"Father, in the Name of Jesus, I come before You asking for healing (name yourself or someone you are praying to experience healing). My hope is in You as our Healer. I believe You are able to do this. Your name is Jehovah Rapha, the God who heals, and I believe every knee will bow to You including the name of (name disease or disorder). Thank You, Jesus, for dying on the cross so that we can receive healing. You say that You forgive our sins and heal our diseases, and I praise You for this. Thank You that the spirit that raised Jesus from the dead lives in us. I stand in faith believing for healing for (yourself or someone you're praying for). Nothing is impossible for You, God! Give us peace and direction as You work in our lives. In Jesus' Name, Amen."

MARRIAGE PRAYER

Ephesians 5:25-30

God created marriage, and His design for it is good. In marriage, just as in any human relationship, we have to work to love well. We can't do this successfully in our own power. We need God, who is Love Himself, to give us His Holy Spirit, and to guide us in our marriage. Marriage is a picture of Jesus Christ and His bride, the Church. We have the high honor as Christian husbands and wives, to represent the love and commitment Christ has for the Church through our love and commitment to each other.

Husbands, love your wives, just as Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word, and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. After all, no one

ever hated their own body, but they feed and care for their body, just as Christ does the church—for we are members of his body.
- EPHESIANS 5:25-30 NIV

Thank God for your marriage. Ask God to help you be the best spouse you can be. Ask Him to help you love well and to see your spouse as He sees them. Then, pray for your marriage, asking God to use your marriage to impact the world for Him. Ask Him for protection physically, spiritually, and emotionally. Pray for unity and wisdom from Him on how to live your lives as one. Bring to Him anything in your marriage that concerns you, and trust Him to work on your behalf.

PRAYER:

"Thank You, God, for loving us, and for creating marriage to be an illustration of Your love for us here on earth. Help me, God, to love my spouse (call them by name) the way You love me. Help me to

MARRIAGE PRAYER continued...

listen to my spouse, give honor, and put my spouse before myself. Protect us physically, mentally, emotionally, and spiritually. We ask You to build greater unity between us, make us stronger as a couple, more devoted to one another and to You. Use us God, build us up to be an example of what Godly marriage can look like. Use us together to do more than we could ever do apart. We ask for greater influence and more impact on the people around us. We ask you to work through us in the lives of our friends, family, and even those far away. Fill us with

Your Holy Spirit. Move through us to bring those far from You closer, so that they can have an encounter with the Living God, who seeks and saves the lost, and who sets us free and gives us purpose. We choose as a couple to love You first, God. We put our relationship with You before anything and everything else. We confess our need for You. Thank You for bringing us together. We choose to love one another today and every day. Thank You for our marriage. We ask You to bless our marriage, build it, and be present in it always."



CHILDREN PRAYER

Psalm 78:6; Isaiah 54:13; Proverbs 3:21, 24:3

God has promises all throughout His Word about our kids serving God, and promises about their protection. It is so powerful to pray the scriptures above over your family and children.

All your children will be taught by the Lord, and great will be their peace.
- Isaiah 54:13

Come before the Lord and give your children to God. One way to do this is to name them one by one to God. Ask Him for protection physically, spiritually, and emotionally. Pray for unity in your family. Ask the Lord for wisdom on how to raise your children in a way God would want. Bring to Him anything in your children that is concerning you, and trust Him to work on your behalf.

PRAYER:

"Lord, I ask that you help me be the best parent to (say your children's names). I ask that you help them grow spiritually in their knowledge of You. I thank You for Your protection in their life. I thank You for keeping anyone who is influencing them in a negative way out of their life. I declare that they hear Your voice, and a voice of another they will not follow. Your word says that all my family will serve You, so I declare that is true for my family, that (children's names) passionately follow and serve you all of the days of their life! I thank you that our home is a perfect health zone. No sickness can attach itself to my children. I declare that with a long life you will satisfy them and show them your salvation! I declare my kids are a light in the darkness, a city set on a hill that can't be hidden. They are the pastors of their school and a leader to their generation!"

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